













Shoreline Tai Chi

Tai Chi 102: Repulse the Monkey (April 2019)

Posture	Name
	6. White Crane Spreads Wings
	7. Brush Knee and Push
	8. Play the Pipa
	9. Brush Knee and Push (3 times)

	<p>10. Play the Pipa</p>
	<p>11. Brush Knee and Push</p>
	<p>12. Parry, Block and Punch</p>
	<p>13. Apparent Closing</p>
	<p>14. Cross Hands</p>

	15. Embrace Tiger, Return to Mountain
	16. Fist Under Elbow
	17. Repulse the Monkey

Drawings from: [Mastering Yang Style Taijiquan](#)